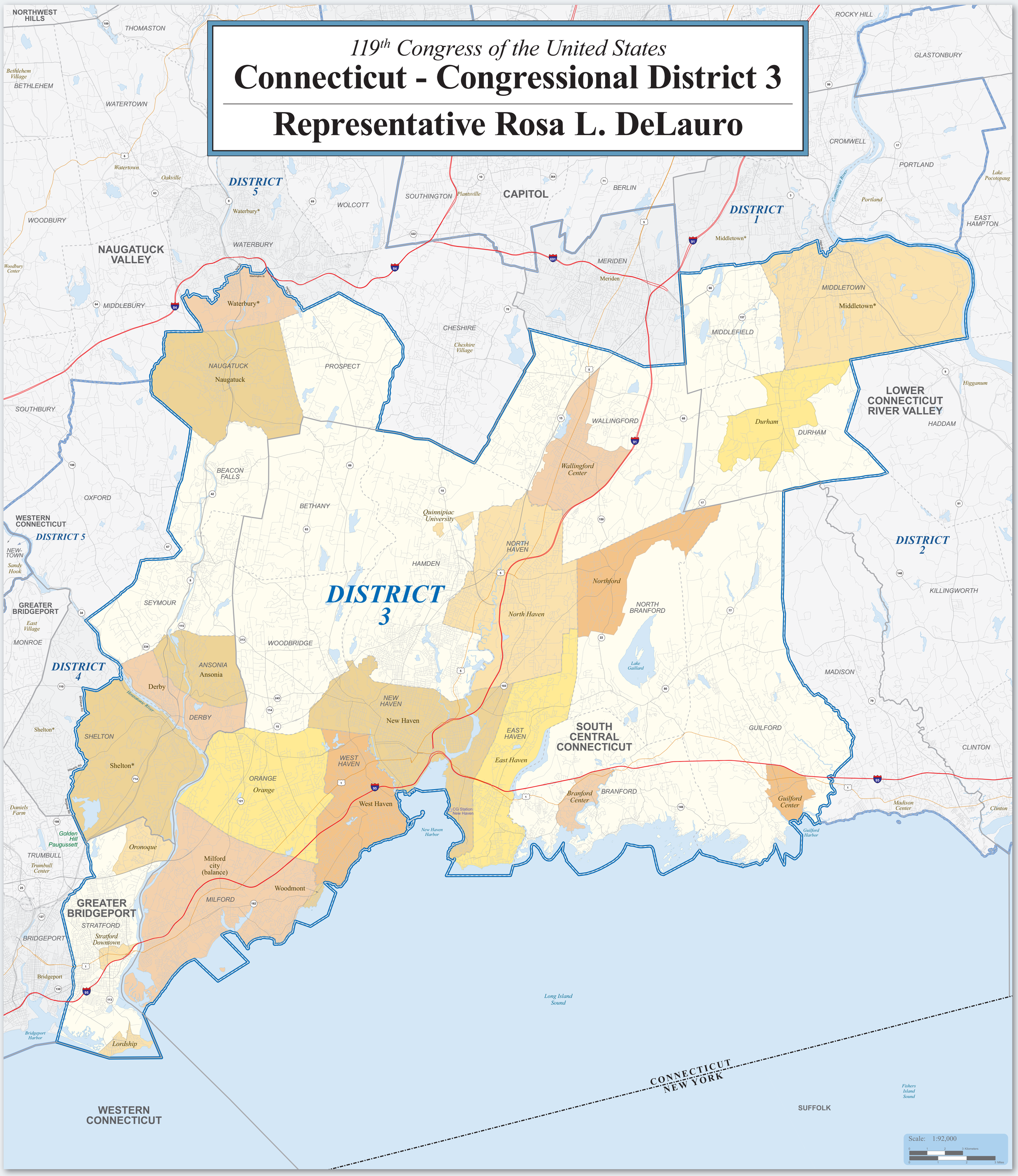
119th Congress of the United States

Connecticut - Congressional District 3

Representative Rosa L. DeLauro



Map Legend

- DISTRICT 3 — Connecticut Congressional District 3
- DISTRICT 2 — Other Connecticut Congressional District
- Poarch Creek — American Indian Reservation / Off-Reservation Trust Land (Federal)†
- Pamunkey — American Indian Reservation (State)†
- KANSAS / OKLAHOMA — State or Statistically Equivalent Entity
- ERIE — County or Statistically Equivalent Entity
- CANEY — Minor Civil Division
- Collinsville — Incorporated Place (Inside of Congressional District 3)†
- Turley — Census Designated Place (CDP) (Inside of Congressional District 3)†
- Chelsea — Incorporated Place (Outside of Congressional District 3)†
- Justice — Census Designated Place (Outside of Congressional District 3)†
- Fort Belvoir — Military Installation
- Bristol Hbr — Water Body
- 44 — Interstate
- 56 — U.S. Highway
- 32 — State Highway or State Recognized Road
- Walton St — Other Road or Ferry

†Labels for entities located both inside and outside of Congressional District 3 include a '*'.

Congressional districts are those in effect for the 119th Congress of the United States (January 2025-2027); all other legal boundaries and names are as of January 1, 2020, with the exception of Connecticut planning regions (county equivalent), which are as of January 1, 2022. The boundaries shown on this map are for Census Bureau statistical data collection and tabulation purposes only; their depiction and designation for statistical purposes does not constitute a determination of jurisdictional authority or rights of ownership or entitlement.

Source: U.S. Census Bureau's MAF/TIGER database (TAB20)
Projection: State-based Alber's Equal Area

Congressional District 3 Profile

Population

Total Population:	719,381
Age - Under 5:	*4.9%*
Age - 5 to 19:	*17.8%*
Age - 20 to 24:	*7.4%*
Age - 25 to 34:	*13.0%*
Age - 35 to 44:	*12.9%*
Age - 45 to 54:	*12.7%*
Age - 55 to 64:	*13.7%*
Age - 65+:	*17.6%*
Median Age:	40.0
Percent Male:	47.9%
Percent Female:	52.1%
Veterans 18 years and older:	26,976

Housing

Total Housing Units:	308,175
Percent Occupied:	94.6%
Owner Occupied:	*62.2%*
Renter Occupied:	*37.8%*
Percent Vacant:	5.4%

Occupied: Owner / Renter; Vacant
U.S. Split: 65.4% | 34.6%

Race & Hispanic Origin

One Race	
White:	*61.9%*
Black or African American:	*14.4%*
American Indian and Alaska Native:	*0.5%*
Asian:	*4.4%*
Native Hawaiian and Other Pacific Islander:	*0.1%*
Some Other Race:	*8.6%*
Two or More Races:	10.2%
Hispanic or Latino (of any race):	18.4%

Population Density

Persons per Square Mile by Census Tract
- 6,500.0 to 23,582.8
- 4,000.0 to 6,499.9
- 2,000.0 to 3,999.9
- 1,000.0 to 1,999.9
- Less than 1,000.0

Population Density
Persons per square mile

United States:	93.9
Connecticut:	744.6
District 3:	1,518.2

Map Source: 2017-2021 American Community Survey 5-Year Estimates
Note: Only the portions of the census tracts within the congressional district are shown for tracts that extend beyond the boundary of the district.

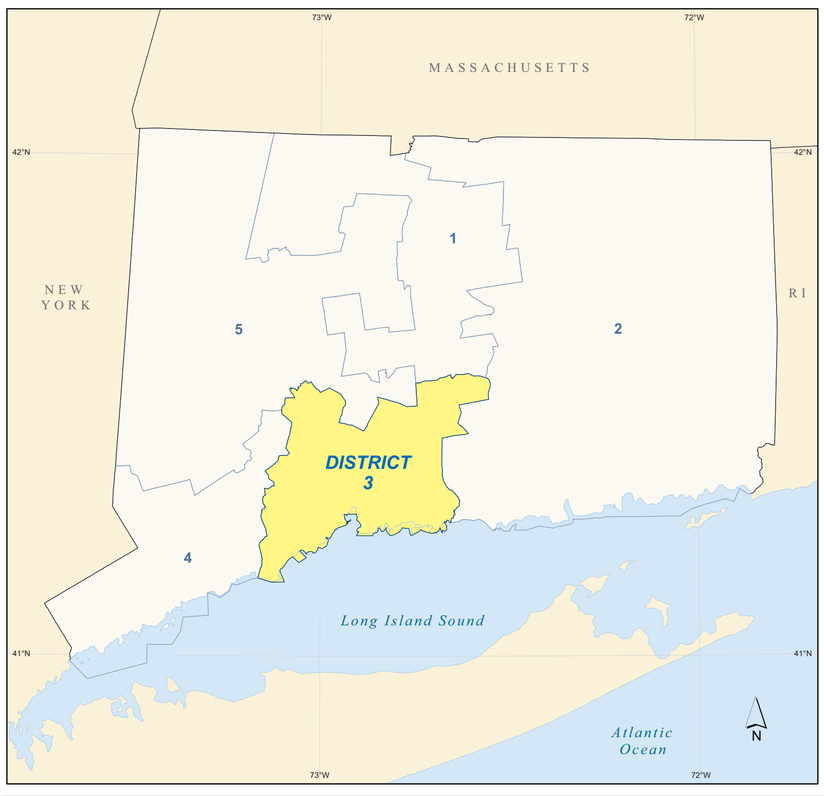
Data Source: 2021 American Community Survey 1-Year Estimates
Note: Figures may not add to 100% due to rounding.

Data are based on a sample and are subject to sampling variability. Percentages may not be statistically different when compared to U.S. percentage.

For more information on the American Community Survey, visit ***census.gov/acs***.

For more Congressional District data, visit ***census.gov/mycd***.

United States® Census Bureau

For general information, contact the Congressional Affairs Office at (301) 763-6100.
For more information regarding congressional district plans as a result of the 2020 Census, redistricting, and voting rights data, contact the Census Redistricting and Voting Rights Data Office at (301) 763-4039 or www.census.gov/rdo.
For information regarding other U.S. Census Bureau products, visit www.census.gov.

Location of Connecticut's 3rd Congressional District - 5 Districts Total