119th Congress of the United States

VERMONT

Representative Becca Balint

CANADA

NEW YORK

NEW HAMPSHIRE

MAINE

MASSACHUSETTS

Lake Champlain

Lake Memphremagog

Connecticut River

Missisquoi River

Lamoille River

Winooski River

Dead Creek

Otter Creek

West River

Scale: 1:450,000

0 4 8 12 16 Kilometers

0 4 8 12 16 Miles

Map Legend

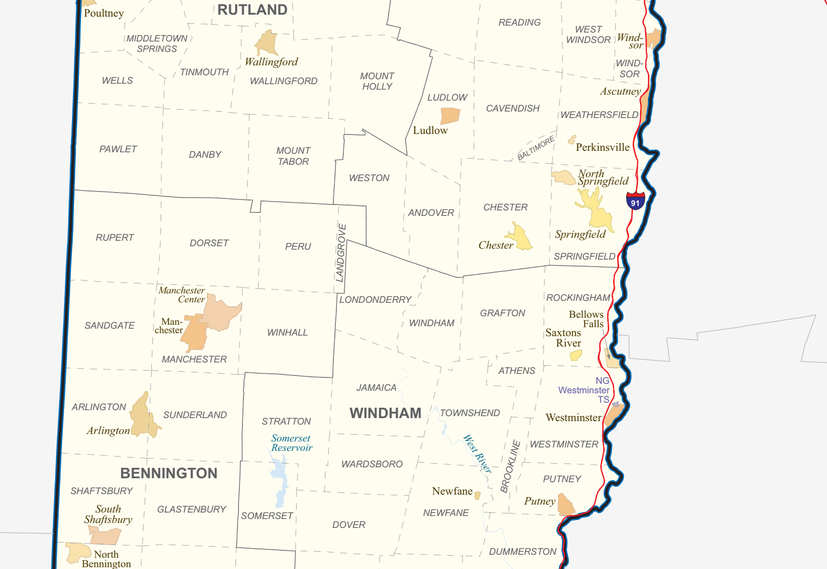
- Congressional District (One At-Large)
- KANSAS — State or Statistically Equivalent Entity
- ERIE — County or Statistically Equivalent Entity
- CANEY — Minor Civil Division (MCD) (Non-governmental MCDs are not labeled.)
- OLYMPIA — State Capital
- Collinsville — Incorporated Place
- Turley — Selected Census Designated Place (CDP)
- Fort Belvoir — Military Installation
- Lake Champlain — Water Body
- 44 — Interstate Highway

Congressional districts are those in effect for the 119th Congress of the United States (January 2025-2027); all other legal boundaries and names are as of January 1, 2020. The boundaries shown on this map are for Census Bureau statistical data collection and tabulation purposes only; their depiction and designation for statistical purposes does not constitute a determination of jurisdictional authority or rights of ownership or entitlement.

Source: U.S. Census Bureau's MAF/TIGER database (TAB20)
Projection: State-based Alber's Equal Area

For general information, contact the Congressional Affairs Office at (301) 763-6100. For more information regarding congressional district plans as a result of the 2020 Census, redistricting, and voting rights data, contact the Census Redistricting and Voting Rights Data Office at (301) 763-4039 or www.census.gov/rdo. For information regarding other U.S. Census Bureau products, visit www.census.gov.

Number of Congressional Districts by State



Apportionment based on the 2020 Census.

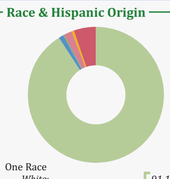
United States® Census Bureau

Vermont Profile

Population

Total Population:	645,570
Age - Under 5:	*4.2%*
Age - 5 to 19:	*17.0%*
Age - 20 to 24:	*7.1%*
Age - 25 to 34:	*11.8%*
Age - 35 to 44:	*12.1%*
Age - 45 to 54:	*12.1%*
Age - 55 to 64:	*15.0%*
Age - 65+:	*20.6%*
Median Age:	42.9
Percent Male:	49.6%
Percent Female:	50.4%
Veterans 18 years and older:	31,971

Race & Hispanic Origin



One Race	
White:	*91.1%*
Black or African American:	*1.1%*
American Indian and Alaska Native:	*0.2%*
Asian:	*1.8%*
Native Hawaiian and Other Pacific Islander:	*0.0%*
Some Other Race:	*0.7%*
Two or More Races:	5.1%
Hispanic or Latino (of any race):	2.0%

Education

Total Population, Age 25+:	462,705
High School graduate or higher:	*94.5%*
Bachelor's degree or higher:	*44.4%*
Graduate or professional degree:	*18.4%*

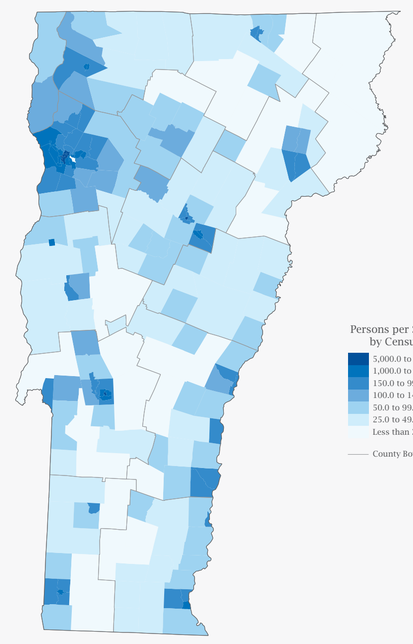
Housing

Total Housing Units:	336,747
Percent Occupied:	80.2%
Owner Occupied:	*72.7%*
Renter Occupied:	*27.3%*
Percent Vacant:	19.8%

Occupied: Owner | Renter — Vacant

U.S. Split: 65.4% | 34.6%

Population Density



Population Density
Persons per square mile
United States: 93.9
Vermont: 70.0

Map Source: 2017-2021 American Community Survey 5-Year Estimates
Data Source: 2021 American Community Survey 1-Year Estimates
Note: Figures may not add to 100% due to rounding.
Data are based on a sample and are subject to sampling variability. Percentages may not be statistically different when compared to U.S. percentage.

For more information on the American Community Survey, visit ***census.gov/acs***.

For Congressional District data, visit ***census.gov/mycd***.