



# Population Estimates and Projections

U.S. Department of Commerce  
BUREAU OF THE CENSUS

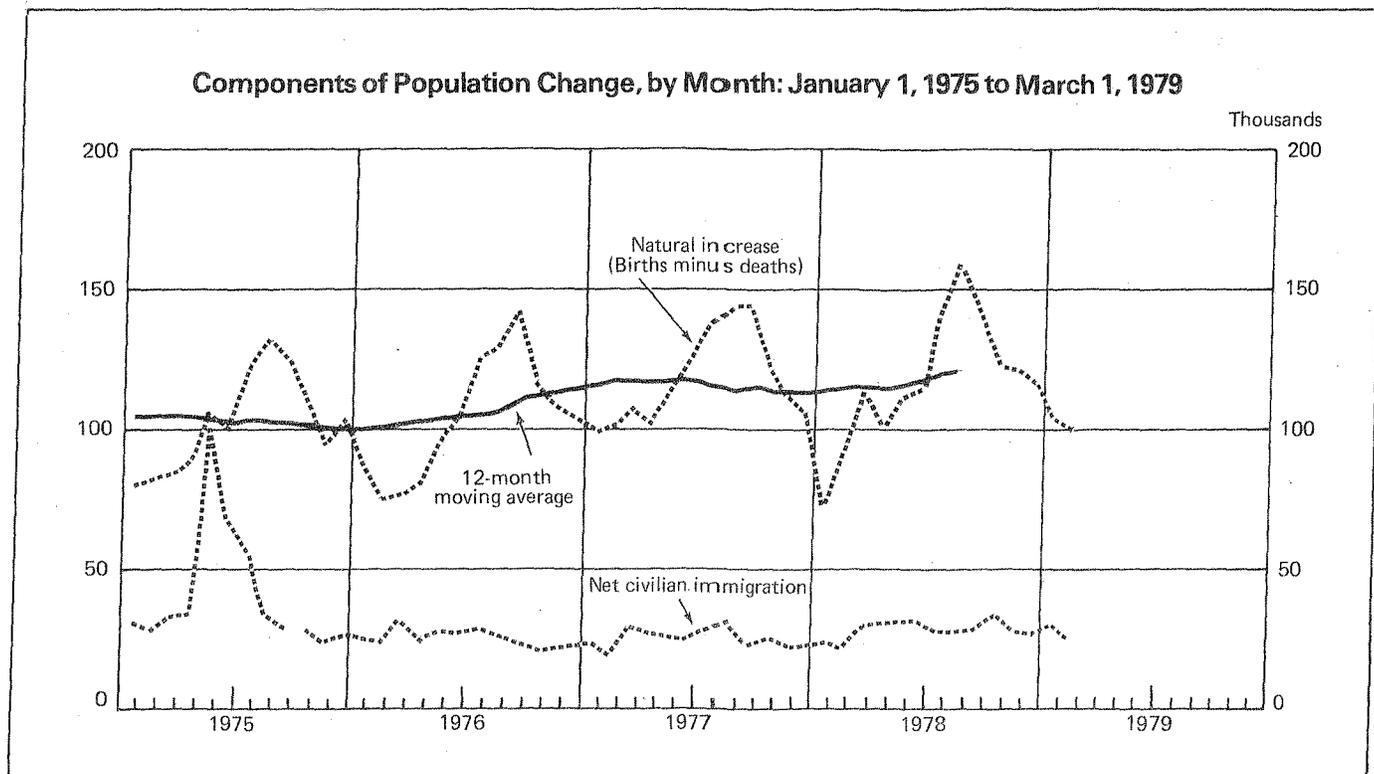
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## Estimates of the Population of the United States to March 1, 1979

The total population of the United States (including Armed Forces overseas) was about 219,739,000 on March 1, 1979 according to estimates released today by the Bureau of the Census, Department of Commerce. This figure represents an increase of 1,798,000 or 0.8 percent over the estimate for the corresponding month a year ago, and an increase of 117,000 over the previous month. The monthly gain was the result of a natural increase of 92,000 (excess of births over deaths), and estimated net civilian immigration of 25,000. (See chart below. Data are adjusted for number of days in the month.) The March 1, 1979 total population represents

an increase of 15,404,000 over the population on April 1, 1970, the date of the census upon which the estimates are based.

This report presents estimates for (1) the total population including Armed Forces overseas, (2) the resident population, and (3) the civilian population for selected months back to January 1, 1970. The population coverage shown by the Census Clock in the lobby of the Department of Commerce includes, in addition to the total population including Armed Forces overseas, overseas civilian employees of the Federal Government, their dependents, and the



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dependents of the Armed Forces overseas. On April 1, 1970, this population was 204,839,000.

In addition to data from the decennial censuses, the estimates are based on statistics on births and deaths provided by the National Center for Health Statistics, U.S. Public Health Service; statistics on immigration provided by the Immigration and Naturalization Service, Department of

Justice; data on civilian citizens abroad provided by the Department of Defense and the Civil Service Commission; data on movement between Puerto Rico and the United States mainland provided by the Puerto Rico Planning Board; and data on the Armed Forces provided by the Department of Defense. For a complete discussion of the estimating procedure used in deriving these estimates, see **Current Population Reports**, Series P-25, Nos. 545 and 706.

### ESTIMATES OF THE POPULATION OF THE UNITED STATES, BY TYPE OF POPULATION: JANUARY 1, 1970 TO MARCH 1, 1979

(In thousands. Includes Alaska and Hawaii in all years. Estimates for each month from January 1, 1950, to January 1, 1977, and estimates for July 1 of each year from 1900 to 1949, are given in Current Population Reports, Series P-25, No. 706)

Date	Total population including Armed Forces overseas	Resident population	Civilian population	Date	Total population including Armed Forces overseas	Resident population	Civilian population
1979				1976			
March 1.....	219,739	219,250	217,649	December 1.....	215,893	215,420	213,749
February 1.....	219,622	219,135	217,526	November 1.....	215,764	215,294	213,615
January 1.....	219,484	218,998	217,389	October 1.....	215,623	215,159	213,476
1978				September 1.....	215,458	214,994	213,310
December 1.....	219,339	218,858	217,231	August 1.....	215,300	214,832	213,153
November 1.....	219,191	218,709	217,075	July 1.....	215,142	214,669	213,000
October 1.....	219,033	218,550	216,912	June 1.....	215,014	214,537	212,875
September 1.....	218,863	218,376	216,741	May 1.....	214,877	214,399	212,734
August 1.....	218,674	218,184	216,551	April 1.....	214,765	214,284	212,620
July 1.....	218,502	218,013	216,386	March 1.....	214,657	214,174	212,510
June 1.....	218,359	217,871	216,261	February 1.....	214,562	214,076	212,416
May 1.....	218,215	217,728	216,103	January 1.....	214,446	213,960	212,308
April 1.....	218,086	217,599	215,968	1970 to 1975			
March 1.....	217,941	217,455	215,819	July 1, 1975.....	213,559	213,051	211,373
February 1.....	217,836	217,351	215,711	January 1, 1975.....	212,748	212,245	210,555
January 1.....	217,739	217,257	215,620	July 1, 1974.....	211,901	211,389	209,683
1977				January 1, 1974.....	211,207	210,692	208,951
December 1.....	217,610	217,132	215,480	July 1, 1973.....	210,410	209,859	208,102
November 1.....	217,478	217,005	215,345	January 1, 1973.....	209,711	209,136	207,306
October 1.....	217,329	216,855	215,195	July 1, 1972.....	208,846	208,234	206,461
September 1.....	217,161	216,681	215,028	January 1, 1972.....	208,088	207,396	205,496
August 1.....	216,985	216,500	214,848	July 1, 1971.....	207,053	206,219	204,258
July 1.....	216,817	216,332	214,685	January 1, 1971.....	206,076	205,156	203,109
June 1.....	216,671	216,186	214,542	July 1, 1970.....	204,878	203,810	201,722
May 1.....	216,528	216,043	214,401	April 1, 1970.....	204,335	<sup>1</sup> 203,235	
April 1.....	216,399	215,915	214,267	January 1, 1970.....	203,849	202,717	200,4
March 1.....	216,261	215,778	214,126				
February 1.....	216,147	215,668	214,009				
January 1.....	216,022	215,547	213,889				

<sup>1</sup>Census count: April 1, 1970--203,235,298.