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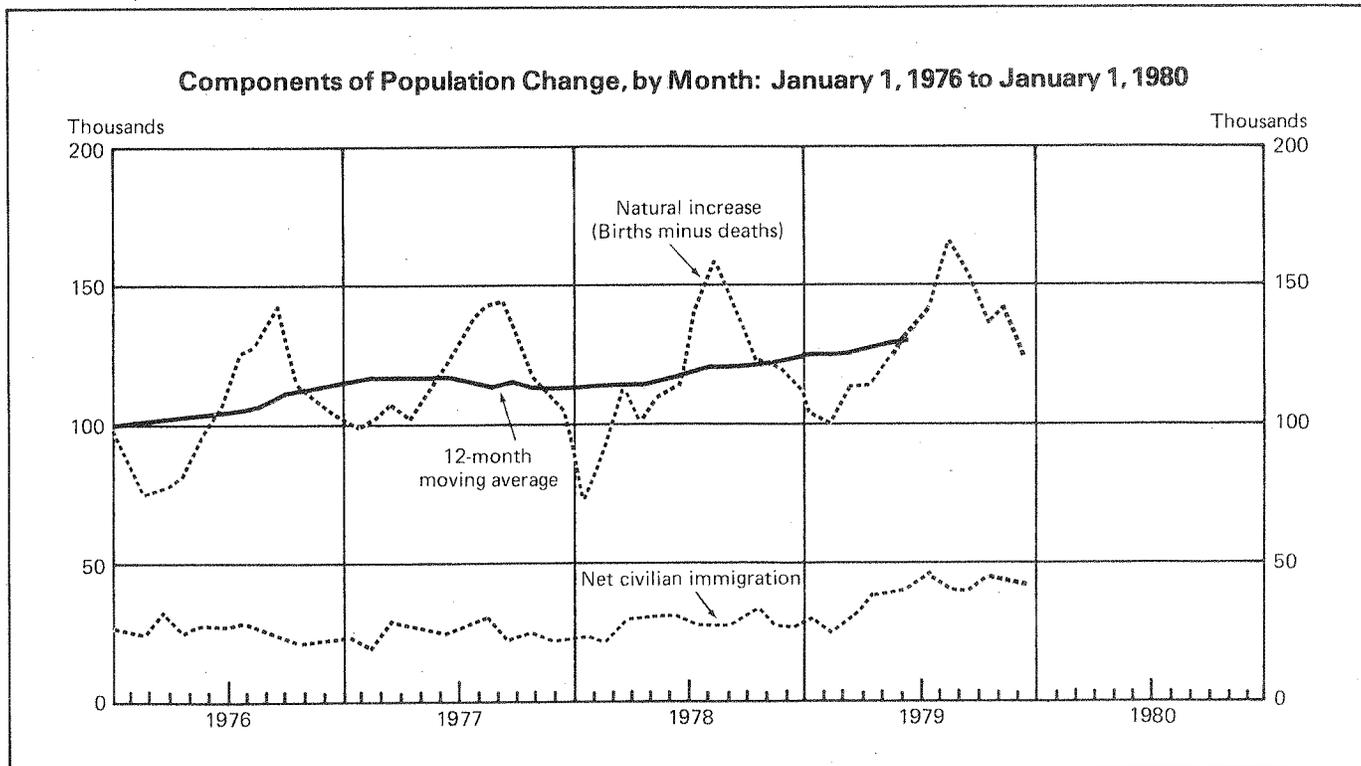
Population Estimates and Projections

Estimates of the Population of the United States to January 1, 1980

The total population of the United States (including Armed Forces overseas) was about 221,719,000 on January 1, 1980 according to estimates released today by the Bureau of the Census, Department of Commerce. This figure represents an increase of 2,019,000 or 0.9 percent over the estimate for the corresponding month a year ago, and an increase of 168,000 over the previous month. The monthly gain was the result of a natural increase of 126,000 (excess of births over deaths), and estimated net civilian immigration of 43,000. (See chart below. Data are adjusted for number of days in the month.) The January 1, 1980 total population repre-

sents an increase of 17,384,000 over the population on April 1, 1970, the date of the census upon which the estimates are based.

This report presents estimates for (1) the total population including Armed Forces overseas, (2) the resident population, and (3) the civilian population for selected months back to January 1, 1970. The population coverage shown by the Census Clock in the lobby of the Department of Commerce includes, in addition to the total population including Armed Forces overseas, overseas civilian employees of the Federal Government, their dependents, and the



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dependents of the Armed Forces overseas. On April 1, 1970, this population was 204,839,000.

In addition to data from the decennial censuses, the estimates are based on statistics on births and deaths provided by the National Center for Health Statistics, U.S. Public Health Service; statistics on immigration provided by the Immigration and Naturalization Service, Department of

Justice; data on civilian citizens abroad provided by the Department of Defense and the Office of Personnel Management; data on movement between Puerto Rico and the United States mainland provided by the Puerto Rico Planning Board; and data on the Armed Forces provided by the Department of Defense. For a complete discussion of the estimating procedure used in deriving these estimates, see Current Population Reports, Series P-25, Nos. 721 and 802.

**Estimates of the Population of the United States, by Type of Population:
 January 1, 1970 to January 1, 1980**

(In thousands. Includes Alaska and Hawaii in all years. Estimates for each month from January 1, 1950, to December 1, 1976, and estimates for July 1 of each year from 1900 to 1949, are given in Current Population Reports, Series P-25, No. 802)

Date	Total population including Armed Forces overseas	Resident population	Civilian population	Date	Total population including Armed Forces overseas	Resident population	Civilian population
1980				1978			
December 1.....				December 1.....	219,554	219,073	217,446
November 1.....				November 1.....	219,406	218,924	217,290
October 1.....				October 1.....	219,247	218,764	217,126
September 1.....				September 1.....	219,078	218,591	216,956
August 1.....				August 1.....	218,889	218,399	216,766
July 1.....				July 1.....	218,717	218,228	216,600
June 1.....				June 1.....	218,560	218,071	216,456
May 1.....				May 1.....	218,399	217,912	216,287
April 1.....				April 1.....	218,258	217,771	216,140
March 1.....				March 1.....	218,102	217,618	215,980
February 1.....				February 1.....	217,988	217,504	215,863
January 1.....	221,719	221,227	219,642	January 1.....	217,874	217,391	215,755
1979				1970 to 1977			
December 1.....	221,550	221,060	219,460	July 1, 1977.....	216,880	216,400	214,746
November 1.....	221,365	220,879	219,274	January 1, 1977....	216,058	215,585	213,925
October 1.....	221,180	220,696	219,089	July 1, 1976.....	215,152	214,680	213,011
September 1.....	220,989	220,509	218,900	January 1, 1976....	214,446	213,960	212,308
August 1.....	220,779	220,296	218,688	July 1, 1975.....	213,559	213,051	211,373
July 1.....	220,584	220,099	218,497	January 1, 1975....	212,748	212,245	210,555
June 1.....	220,415	219,928	218,339	July 1, 1974.....	211,901	211,389	209,683
May 1.....	220,249	219,762	218,171	January 1, 1974....	211,207	210,692	208,951
April 1.....	220,099	219,611	218,016	July 1, 1973.....	210,410	209,859	208,102
March 1.....	219,953	219,464	217,863	January 1, 1973....	209,711	209,136	207,306
February 1.....	219,837	219,350	217,741	July 1, 1972.....	208,846	208,234	206,461
January 1.....	219,699	219,213	217,604	January 1, 1972....	208,088	207,396	205,496
				July 1, 1971.....	207,053	206,219	204,258
				January 1, 1971....	206,076	205,156	203,109
				July 1, 1970.....	204,878	203,810	201,722
				April 1, 1970.....	204,335	¹ 203,235	201,064
				January 1, 1970....	203,849	202,717	200,466

¹Census count: April 1, 1970--203,235,298.

