

**Population Estimates  
and Projections**



U.S. Department of Commerce  
BUREAU OF THE CENSUS

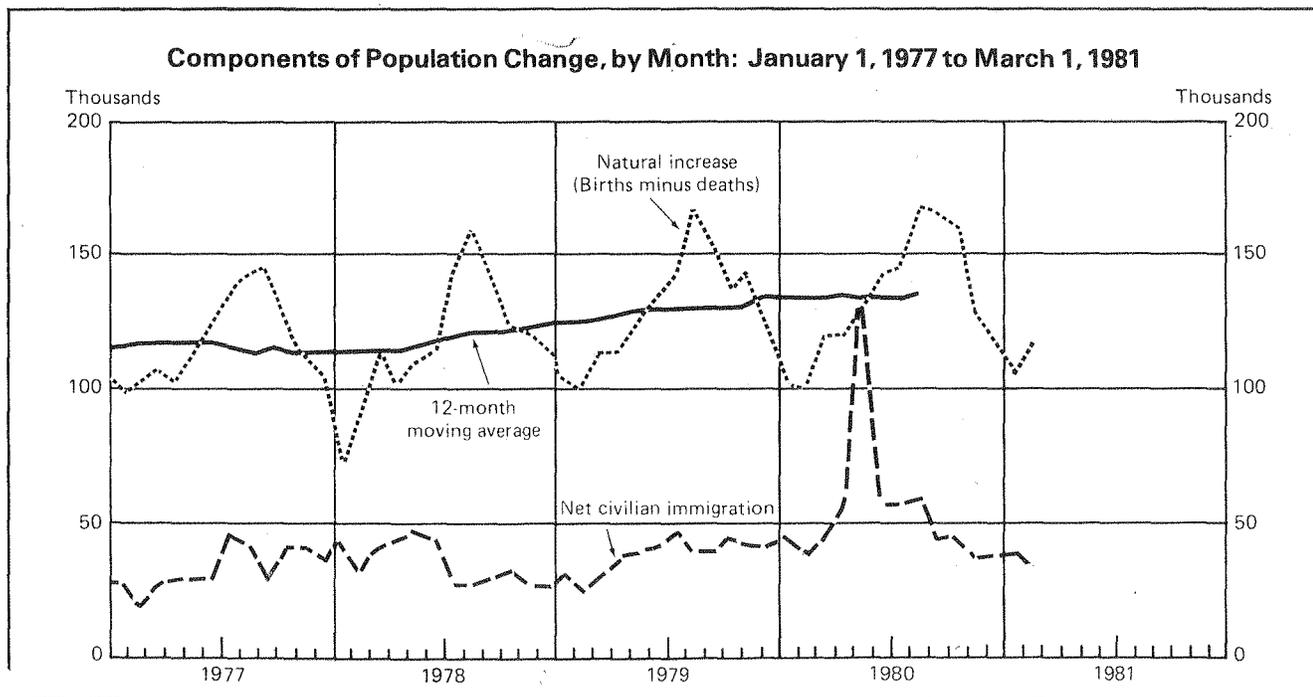
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# Estimates of the Population of the United States to March 1, 1981

The total population of the United States (including Armed Forces overseas) was estimated to be approximately 229,119,000 on March 1, 1981. This figure represents an increase of 2,308,000, or 1.0 percent, over the estimate for the corresponding month a year ago, and an increase of 142,000 over the previous month. The monthly gain was the result of a natural increase of 108,000 (excess of births over deaths) and estimated net civilian immigration of 34,000. (See chart below.) The March 1, 1981, total population represents an increase of 2,099,000 over the population counted on April 1, 1980, which serves as the beginning point for the estimates.

This report presents estimates for months back to April 1, 1970, of the (1) total population including Armed Forces overseas, (2) resident population, and (3) civilian population. The estimates are based on data from the decennial censuses; statistics on births and deaths provided by the National

Center for Health Statistics, U.S. Public Health Service; statistics on immigration provided by the Immigration and Naturalization Service, Department of Justice; data on Federal civilian employees abroad and their dependents provided by the Department of Defense and the Office of Personnel Management; data on movement between Puerto Rico and the 50 States (including the District of Columbia) provided by the Puerto Rico Planning Board; and data on the Armed Forces provided by the Department of Defense. The estimates for the months between April 1, 1970, and April 1, 1980, were derived by adjusting the estimates made during those years by distributing the error of closure (the difference between the 1980 census count and the postcensal estimate for April 1, 1980) in proportion to time elapsed since 1970 and population size. Comparable estimates for States are available from the Population Division, Bureau of the Census, Washington, D.C. 20233.



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**Estimates of the Population of the United States by Type of Population:  
 April 1, 1970 to March 1, 1981**

(In thousands. Includes Alaska and Hawaii in all years. Estimates for each month from January 1, 1950 to January 1, 1970, and estimates for July 1 of each year from 1900 to 1949, are given in Current Population Reports, Series P-25, No. 802)

Date	Total population including Armed Forces overseas	Resident population	Civilian population	Date	Total population including Armed Forces overseas	Resident population	Civilian population
1981				1979			
December 1.....				December 1.....	226,234	225,732	224,144
November 1.....				November 1.....	226,006	225,509	223,915
October 1.....				October 1.....	225,779	225,287	223,688
September 1.....				September 1.....	225,545	225,056	223,456
August 1.....				August 1.....	225,293	224,803	223,200
July 1.....				July 1.....	225,055	224,567	222,969
				June 1.....	224,841	224,352	222,766
June 1.....				May 1.....	224,626	224,137	222,548
May 1.....				April 1.....	224,431	223,941	222,348
April 1.....				March 1.....	224,234	223,744	222,141
March 1.....	229,119	228,626	226,990	February 1.....	224,066	223,577	221,969
February 1.....	228,977	228,487	226,855	January 1.....	223,880	223,392	221,783
January 1.....	228,830	228,339	226,707	1970 to 1978			
				July 1, 1978.....	222,585	222,095	220,467
				January 1, 1978.....	221,477	220,995	219,358
				July 1, 1977.....	220,239	219,760	218,106
				January 1, 1977.....	219,179	218,706	217,046
1980				July 1, 1976.....	218,035	217,563	215,894
December 1.....	228,666	228,180	226,543	January 1, 1976.....	217,095	216,609	214,957
November 1.....	228,503	228,018	226,383	July 1, 1975.....	215,973	215,465	213,788
October 1.....	228,297	227,808	226,178	January 1, 1975.....	214,931	214,428	212,738
September 1.....	228,091	227,599	225,972	July 1, 1974.....	213,854	213,342	211,636
August 1.....	227,863	227,365	225,746	January 1, 1974.....	212,932	212,418	210,676
July 1.....	227,658	227,158	225,552	July 1, 1973.....	211,909	211,357	209,600
				January 1, 1973.....	210,985	210,410	208,580
June 1.....	227,461	226,961	225,368	July 1, 1972.....	209,896	209,284	207,511
May 1.....	227,196	226,699	225,108	January 1, 1972.....	208,917	208,224	206,324
April 1.....	227,020	<sup>1</sup> 226,505	224,927	July 1, 1971.....	207,661	206,827	204,866
March 1.....	226,811	226,300	224,720	January 1, 1971.....	206,466	205,546	203,499
February 1.....	226,636	226,127	224,549	July 1, 1970.....	205,052	203,984	201,895
January 1.....	226,444	225,938	224,367	April 1, 1970.....	204,401	<sup>2</sup> 203,302	201,131

<sup>1</sup>Census count April 1, 1980--226,504,825.

<sup>2</sup>Census count April 1, 1970--203,302,031.

