## Appendix IV
### Weights and Measures

[For assistance on metric usage, call or write the National Institute of Standards and Technology, Metric Program, 100 Bureau Drive, Stop 2000, Gaithersburg, MD 20899-2000 (301-975-3690) Internet site <http://www.nist.gov/> E-mail: metricprenist.gov]

<table>
<thead>
<tr>
<th>Symbol</th>
<th>When you know conventional</th>
<th>Multiply by</th>
<th>To find metric</th>
<th>Symbol</th>
</tr>
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<tbody>
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<td>inch</td>
<td>2.54</td>
<td>centimeter</td>
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<td>ft</td>
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<td>30.48</td>
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<td>gram</td>
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<th>Multiply by</th>
<th>To find conventional</th>
<th>Symbol</th>
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<td>centimeter</td>
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<td>ft</td>
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<td>ft²</td>
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<td>ac</td>
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<td>ounce¹</td>
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<td>lb⁴</td>
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<td>cup</td>
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</table>

¹ For weighing ordinary commodities. ² For weighing precious metals, jewels, etc.